

BASIC COMBAT TRAINING



A NINE-WEEK TRAINING FROM CIVILIAN TO SOLDIER

Basic Combat Training (BCT) is a nine-week training course (not including the "Reception" week) where recruits go through the process of becoming full-fledged Soldiers. Throughout the process, you will learn new rules, learn to trust yourself and understand what it means to be a Soldier in the U.S. Army.



WEEK 01: FALL IN

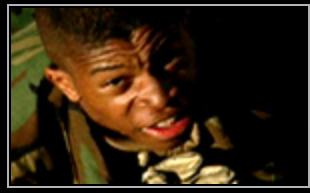
Once Reception Week completes, it's now time to understand new rules, regulations and processes involved in being in the Army. Classroom instruction begins.

WEEKLY SCHEDULE

DAY 01	Pick-up from Reception. In-process begins. Drill and Ceremony.
DAY 02	Army Physical Fitness Test (APFT) Diagnostic #1.
DAY 03	Drill and Ceremony.
DAY 04	Battalion Commander & Commander Sergeant Major conduct Values class.
DAY 05	Classroom instruction.

DAY 06 Classroom instruction.

DAY 07 Personal Time, Foot March and Chapel Services.



WEEK 02: DIRECTION

Leaving the classroom for the field, it's time to test your physical and mental endurance, and also get trained in First Aid and map reading.

WEEKLY SCHEDULE

DAY 01 Unarmed Combat Exercise

DAY 02 Victory Tower

DAY 03 Teamwork Development Course

DAY 04 First Aid Training

DAY 05 Map Reading and Land Navigation Session

DAY 06 Compass Course

DAY 07 Personal Time, Foot March and Chapel Services.



WEEK 03: ENDURANCE

One thing you'll realize in Week 03 is to believe in the mantra: mind over matter. Physical and mental challenges build as you start simulated combat drills.

WEEKLY SCHEDULE

DAY 01 5 km Foot March

DAY 02 Bayonet Instruction

DAY 03 Bayonet Assault Course and Pugil Stick Training

DAY 04 Nuclear Biological Chemical (Gas Chamber) Training and Obstacle Course

DAY 05 Phase One Tests

DAY 06 Basic Rifle Marksmanship (BRM) Fundamentals Training

DAY 07 Personal Time, Foot March and Chapel Services



WEEK 04: MARKSMANSHIP

Learning to shoot a rifle is more than pulling the trigger. Marksmanship courses teach new recruits not only the proper way to hold a weapon, but also how to breathe and stand while firing are equally important.

WEEKLY SCHEDULE

DAY 01	8 km Foot March, Basic Rifle Marksmanship (BRM), Procedures and Fundamentals
DAY 02	Army Physical Fitness Test (APFT) Diagnostic #2
DAY 03	BRM Grouping
DAY 04	BRM Zero
DAY 05	10 km Foot March, BRM Down Range Feedback
DAY 06	BRM Single and Multiple Target Detection
DAY 07	Personal Time, Foot March and Chapel Services



WEEK 05: TRIALS

This is where the previous weeks' work pays off: tests in endurance and marksmanship await all recruits.

WEEKLY SCHEDULE

DAY 01	Drill Sergeant Sessions
DAY 02	Basic Rifle Marksmanship (BRM) Pre-Qualification
DAY 03	BRM Pre-Qualification
DAY 04	BRM Qualification
DAY 05	Phase Two Tests begin
DAY 06	Phase Two Tests continue. Fit to Win Obstacle Course
DAY 07	Personal Time, Foot March and Chapel Services



WEEK 06: CAMARADERIE

Each recruit is only as strong as his platoon. During Week 06, bonds are tested and trust exercises implemented.

WEEKLY SCHEDULE

DAY 01	Army Physical Fitness Test (APFT) Diagnostic #3
DAY 02	Post Detail
DAY 03	Deferred Issue
DAY 04	U.S. Weapons Familiarization
DAY 05	Buddy Movement Techniques Instruction
DAY 06	Squad Defensive Live-Fire Exercise
DAY 07	Personal Time, Foot March and Chapel Services



WEEK 07: CONFIDENCE

Hand grenade training; live fire exercises; foot marching; and overall physical fitness are tested in the Confidence Course.

WEEKLY SCHEDULE

DAY 01	Drill Sergeant Time and Uniform #2
DAY 02	End of Cycle Army Physical Fitness Test and Phase Tests
DAY 03	Hand Grenade Training
DAY 04	Live-Fire Exercise
DAY 05	Threat Briefing. Foot March
DAY 06	Confidence Course
DAY 07	Personal Time, Foot March and Chapel Services



WEEK 08: VICTORY FORGE

It's time to put everything you've learned up to this point to the real test: a three-day field retreat to Victory Forge.

WEEKLY SCHEDULE

DAY 01	Drill and Ceremony Competition
DAY 02	Victory Forge: 10 km Foot March
DAY 03	Victory Forge: Night Infiltration Course
DAY 04	Victory Forge: 15 km Foot March
DAY 05	Personal Time and Recovery
DAY 06	Personal Time and Recovery
DAY 07	Personal Time, Foot March and Chapel Services



WEEK 09: GRADUATION

All your hard work has led you to this day. Family and friends eagerly await to see you complete your Basic Training course.

WEEKLY SCHEDULE

DAY 01	Inspection Period
DAY 02	Out-processing
DAY 03	Personal Time
DAY 04	Personal Time and Haircuts
DAY 05	Family Day
DAY 06	Graduation

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